

BUZ WORDS CARDS



	Alphabetical list	NEW	ORDER
1	A HOPE IS MORE POWERFUL THAN A WISH		
2	A PROBLEM IS NOT A PROBLEM ONCE YOU LEARN SOMETHING FROM IT OR FIND MEANING IN IT!	New	
3	A PROBLEM SHARED IS A PROBLEM HALVED		
4	A SMILE IS A FRIEND MAGNET!		
5	AIM FOR THE MOON.. IF YOU MISS YOU WILL END UP IN THE STARS	New	
6	AWESOME!!		
7	BALANCE THE POWER (Bully-proofing tactics)	New	
8	BE BRAVE, BE STRONG, BE CONFIDENT, BELIEVE!		
9	BE BRAVE		
10	BE YOURSELF... UNLESS YOU ARE A TADPOLE THEN BE A TADPOLE UNTILL YOU BECOME A FROG THE BE AN AWESOME FROG	New	
11	BE YOURSELF YOU SHOULD BE GOOD AT IT		
12	BE YOURSELF... YOU DON'T HAVE TO BE LIKE ANYONE ELSE!		
13	BUZ BUDDIES		
14	BUZ QUESTIONS		
15	BUZTASTIC!		
16	CONGRATULATIONS!!		
17	DARKNESS CANNOT DRIVE OUT DARKNESS – ONLY LIGHT CAN DO THAT	New	
18	DON'T BLAME YOURSELF - IT IS NOT YOUR FAULT		
19	FIND WHAT YOU ARE GOOD AT... AND BE BETTER AT IT!		
20	FORGIVENESS IS THE GLUE THAT REPAIRS A BROKEN FRIENDSHIP	New	
21	FORGIVING IS A GREAT WAY TO START AGAIN		
22	FRIENDS ALWAYS – FIGHTS SOMETIMES	New	
23	FRIENDS ARE GREAT GIFTS		
24	FRIENDSHIP UNDER MAINTENANCE	New	
25	GIVE IT TIME... THINGS WILL TURN OUT OK!		
26	GIVE RESPECT TO RECEIVE RESPECT		
27	GRIEF STUCK IN THE HEART CAN BECOME BIG ANGER	New	
28	GROOVY...		
29	HAPPY BIRTHDAY!!		
30	HAVE A WONDERFUL DAY		
31	HERE'S A SMILE FOR YOU		
32	HOW TO MAKE FRIENDS THE S.N.A.C.K. WAY: (ACRONYM)		
33	HUG COUPON (ENTITLES THE HOLDER TO FREE HUG)		
34	HUGS ARE HELPFUL		
35	I APPRECIATE U		
36	I BELIEVE IN YOU BELIEVE IN YOURSELF		
37	I CARE		
38	I HOPE EVERYTHING TURNS OUT OK		
39	I KNOW THINGS MUST BE TOUGH FOR YOU AT THE MOMENT		
40	I KNOW YOU CAN HANDLE THIS		
41	I KNOW YOU MUST BE HURTING...		

42	I LIKE YOUR SMILE		
43	I MISS YOU		
44	I NEED TO TALK		
45	I SAID A PRAYER FOR YOU		
46	I THINK THE WORLD OF YOU		
47	I WILL MISS YOU		
48	IF YOU FEEL UNSAFE OR NOT RIGHT, REMEMBER THE BUZ BUG (ACRONYM)		
49	IF YOU HAVE A FIGHT WITH A FRIEND TALK DON'T WALK	New	
50	IF YOU'VE NEVER BEEN SCARED, YOU'VE NEVER BEEN BRAVE!		
51	I'M CONCERNED FOR YOU		
52	I'M GLAD I KNOW YOU		
53	I'M HERE IF YOU NEED ME		
54	I'M SO PROUD OF YOU		
55	I'M SORRY...		
56	IS THERE ANYTHING I CAN DO TO HELP?		
57	IT TAKES COURAGE TO DO WHAT IS RIGHT		
58	IT TAKES COURAGE TO REPAIR A FRIENDSHIP		
59	IT TAKES COURAGE TO SAY SORRY	New	
60	IT TAKES COURAGE TO STAND UP TO AN ENEMY - IT TAKES EVEN MORE COURAGE TO STAND UP TO A FRIEND		
61	IT'S GOOD TO TALK ABOUT YOUR FEELINGS		
62	IT'S OKAY TO CRY – IT'S OUR HEARTS WAY OF SPEAKING WHEN OUR VOICE CAN'T	New	
63	JUST A LITTLE NOTE TO CHEER YOU UP		
64	KNOW HOW YOU FEEL SAY HOW YOU FEEL DO SOMETHING ABOUT HOW YOU FEEL BUT DON'T HURT ANYONE (INCLUDING YOURSELF)		
65	LET IT GO – YOU CAN HOLD ON TO THE FEELING OR YOU CAN LET IT GO	New	
66	MINI BUZ AWARD		
67	NO PROBLEM IS SO BIG THAT IT CAN'T BE SOLVED		
68	NOTHING IS SO TERRIBLE THAT YOU CAN'T TELL SOMEONE	New	
69	ONE THING WORRIES DON'T LIKE IS BEING TALKED ABOUT... IT MAKES THEM GO AWAY!	New	
70	PLAY COOL, STAY COOL, KEEP YOUR COOL		
71	PLAYING FAIR (WITH ACRONYM)		
72	PLEASE FORGIVE ME		
73	RAINBOWS A SIGN OF HOPE		
74	SADNESS DOESN'T STAY FOREVER - NO FEELING IS PERMANENT!	New	
75	SORRY I MISSED YOU		
76	SORRY TO SEE YOU HAVE BEEN SAD		
77	STORIES ARE GOOD FOR THE BRAIN AND HEART	New	
78	TAKE GOD'S HAND		
79	THANK YOU		
80	THANK YOU FOR BEING YOU		
81	THAT'S DISAPPOINTING – NEVER MIND	New	
82	THE CHOICES YOU MAKE CAN SHAPE THE KIND OF LIFE YOU WILL HAVE... SO MAKE GOOD CHOICES		
83	THE WORDS WE SAY HAVE THE POWER TO HURT AND		

	HINDER OTHERS,,, OR THE POWER TO HEAL AND HELP OTHERS		
84	THINKING OF YOU		
85	THIS IS A BUILD UP ZONE		
86	THIS STORM WILL PASS...HEALING TAKES TIME		
87	TO HAVE A FRIEND YOU MUST BE A FRIEND		
88	URA * (STAR)		
89	WHEN YOU HAVE TO SPEAK TO SOMEONE WHO IS NOT TREATING YOU WITH RESPECT (MARSHMALLOW MAN)		
90	WHEN YOU MISS SOMEONE IT'S YOUR HEART'S WAY OF REMEMBERING THAT YOU LOVED THEM	New	
91	WHEN YOU'RE FEELING BLUE... SOMEONE IS WITH YOU		
92	WORRY MUNCHERS – WE CAN GET THROUGH THIS TOGETHER	New	
93	YOU ARE A GREAT HELP		
94	YOU ARE A PRECIOUS FRIEND		
95	YOU ARE A TREASURE		
96	YOU ARE FUN TO BE WITH		
97	YOU CAN DO IT!		
98	YOU CAN'T CHANGE SOMEONE ELSE... BUT YOU CAN CHANGE THE WAY YOU HANDLE THEM!		
99	YOU LOOK LIKE YOU NEED A HUG		
100	YOU'RE COOL		
101	YOU'RE IN MY PRAYERS		
102	YOU'RE IN MY THOUGHTS & PRAYERS		
	TOTAL NUMBER OF CARDS x 40 cents each		\$
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BWC100	FULL SET of 100 cards will include any combination of 100 different cards as listed above. (In a cool box)	\$25.00	\$
P&H	Postage and handling	\$5.00	\$
	TOTAL		\$

PAYMENT DETAILS

Name

Address

.....P.Code

Phone Mobile

Email

Please add me to the BUZ email newsletter list

Please Debit my Credit Card for the amount of \$

Card Type: Visa MasterCard BankCard

Card Number:

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Expiry Date □ □ □ □

CCV

□ □ □ □

Number on back of card

Name on Card

Signature of Cardholder



Send your order to **NURTURE WORKS**
c/o Southcare 54 Bickley Cres
Manning WA 6152
Or email orders@buildupzone.com
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